



Adult Day Care and Community Based Adult Services (Adult Day Health Care)

Snack & Learn
April 30, 2013



Supported by the California Department of Health and Human Services Agency and U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services under Grant CFDA 93.779

Agenda

- Welcome
- Speaker Introductions
- Presentations
- QA & Closing Remarks
- Return Evaluations

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Presenters

- Jim Banks, Director of Health Services at CalOptima
- Gio Corzo, Vice President Home and Care Services at Senior Serv
- Pam Jacobs, Administrator at Mount of Olives Adult Day Care
- Mallory Vega, Executive Director at Acacia Adult Day Services

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Day Services

The Third Option in Long Term Care



adult day services coalition
trusted solutions for care

Our Mission

“To improve the quality of adult day services for consumers and to position adult day services as an integral component of the emerging health care system through advocacy, education and training.”



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Profile of Adult Day Services

- 18 Day Services Member Centers
 - Adult Day Programs (ADC) – Social Model
 - Adult Day Health Care (ADHC) – Private pay
 - Community Based Adult Day Services (CBAS) – Medi-Cal
- Licensed to serve 18 years old +
- Locations throughout the county
- Specialties – cultural, linguistic, diagnoses, models of care etc.

Who do we serve

- Adults with cognitive and/or physical impairments
- Average age 78
- 64% Women
- Diverse ethnic population
- 63% require medication management
- 73% need assistance with ADLs
- 50% suffer cognitive limitations
- 40% functionally dependent
- Caregiver respite



When Families Ask for Help?

- Change in Health
- Falls and Accidents
- Memory Loss
- A Loved One Gets Lost



Goals of Adult Day Services?

- Restore or maintain optimal capacity for self-care and independence to frail elderly persons or adults with disabilities; and
- Delay or prevent inappropriate or personally undesirable institutionalization.
- Day Services create partnerships with the participant, the family and/or caregiver, the primary care physician, and the community in working toward maintaining personal independence.

Why Day Services?

- We Keep Families Together
- Relief from 24 Hour Care Responsibility
- Social Interaction and Mental Stimulation
- Assistance with ADLs, Done with Dignity
- Daily Medical Care (Health Model) and Protective Supervision



Day Services: The Third Option in Long Term Care

- Community Based
- Secure
- Cost Effective
- Compassionate Care



Meet Our Participants



- Average age 78
- 64% women
- Majority Caucasian
- 73% need assistance with ADLs
- 63% require medication management
- 50% suffer cognitive limitations
- 40% functionally dependent

Medical Necessity Criteria

Welfare and Institutions Code, Section 14526.1

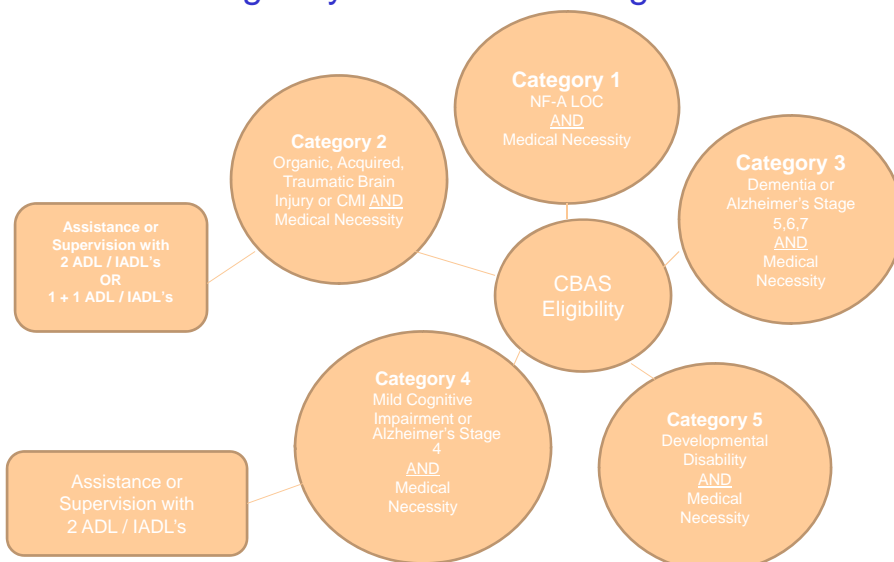
1. One or more chronic or post acute medical, cognitive, or mental health conditions identified by their person health care provider that requires
 - Monitoring
 - Treatment or
 - Intervention
2. The participant has a condition or conditions resulting in both of the following:
 - Limitations in the performance of two or more activities of daily living or instrumental activities of daily living, as those terms are defined in W&I Code, Section 14522.3, or one or more from each category.
 - A need for assistance or supervision in performing the activities identified in (2) (first paragraph) as related to the condition or conditions specified in paragraph (1) above. That assistance or supervision shall be in addition to any other non-CBAS support the participant is currently receiving in his or her place of residence.

Medical Necessity Criteria (Cont'd)

Welfare and Institutions Code, Section 14526.1

3. Participant's network of non-CBAS center supports is insufficient to maintain the individual in the community
4. A high potential exists for the deterioration of the participant's medical, cognitive, or mental health condition(s) likely to result in ER visits, hospitalizations, or other institutionalizations
5. The participant's condition(s) require CBAS services on each day of attendance that are designed to maintain the ability of the participant to remain in the community

CBAS Eligibility Criteria – 5 Categories





CalOptima & CBAS

- Community Based Adult Services (CBAS) benefit transitioned to CalOptima in July 2012.
- CalOptima administers, authorizes, and manages the CBAS benefit for Orange County
- Approximately 1,900 CalOptima members are enrolled in CBAS
- New enrollment process includes a Face to Face assessment by a CalOptima representative.



How to make a referral

- Fill out the CalOptima Benefit Inquiry form for CBAS
- OR provide the client with a list of Centers
- OR contact a Center directly to make the referral
- Encourage your clients about the benefits
- Thank you! We look forward to working with you!

Day Services: The Best Kept Secret for Preventative Care

- Health Models
 - CBAS – Medi-Cal Only
 - ADHC – Private Pay, LTC Insurance, Veteran's Benefits



- Social Model
 - Private Pay, LTC Insurance



Social Model of Care



- For Seniors and Persons with Disabilities

- Can serve 18 or older
- Some providers specialize in serving seniors or persons with developmental disabilities
- Can vary, check with individual providers for level of care and assistance options offered



Social Model of Care



■ Services Offered

- Socialization and Recreational Activities
- Meals
- Physical and Cognitive Exercise
- Individualized Assessment
- Relief from 24/7 Caregiving Responsibilities

Social Model Requirements

- Licensed through Health and Human Services, Community Care Licensing Division
- Employees and Volunteers are Live Scanned through the Department of Justice
- Permitted through OC Public Health Services
- Audited Quarterly by the Office on Aging



Social Model Enrollment Process

- Immediate Enrollment Possible
- No Home Visit required
- Most Centers Require Two Day Evaluation
- Physician Report (LIC602) with TB Test Clearance
- Appraisals – Needs and Services Plan (LIC625)



- ABC Westminster ADHC
- Acacia Adult Day Services
- A Day Away ADHC
- Age Well Adult Day Services
- Alzheimer's Family Services Center
- Commonwealth Adult Day Health Care Center
- Easter Seals Senior Adult Day Services
- Irvine Adult Day Health Services
- Mount of Olives Senior Day Care Center
- Regent West ADHC
- Rehabilitation Institute of Southern California (RIO)
 - Adult Day Health Care Center, Orange
 - Adult Day Health Care Center, Fullerton
 - Leo Fessenden Adult Day Health Care Center, San Clemente
- Sarang ADHC
- SeniorServ:
 - Adult Day Health Care Center, Anaheim
 - Adult Day Center, Buena Park
 - Adult Day Health Care Center, Santa Ana/Tustin
- Sultan Adult Day Health Care



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Community-Based Adult Services

**Snack & Learn on Adult Day Care
Program/CBAS**

April 30, 2013

Jim Banks, RN, Director Health Services

Agenda

- History
- What is CBAS?
- Eligibility
- Prior Authorization Process
- On-going Operations
- Q&A and Closing Remarks



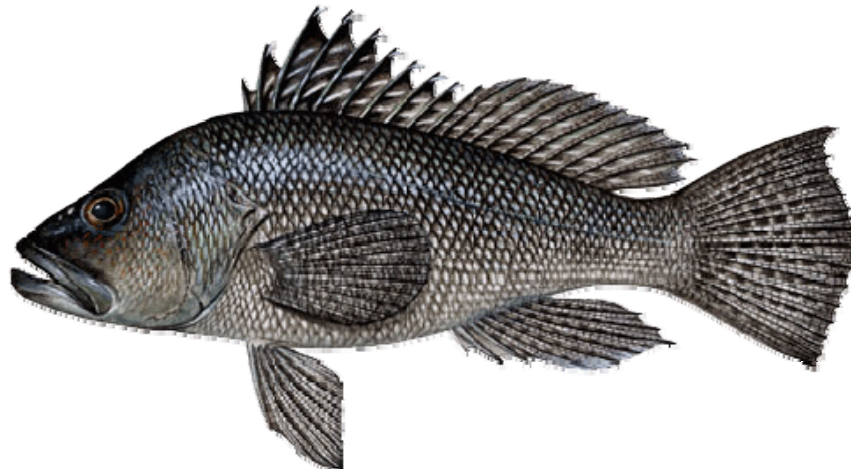
History

- California state budget no longer supports the continuation of the ADHC
- CalOptima implemented CBAS effective July 1, 2012.
- CBAS Centers provide services similar to those provided by the ADHC.

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What is CBAS



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What is CBAS – Cont.

- Program offers daytime care and health and social services to frail seniors and disabled adults.
- Services enable participants to remain living at home instead of a nursing facility.
- Helps the whole person with a range of services that support participants socially and physically.
- Offers a safe and friendly environment for social interaction, with supervised activities and nutritious meals.

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What is CBAS – Cont.

- CBAS is an outpatient, facility based program that provides services and support to eligible Medi-Cal members.
- CBAS services may include:
 - skilled nursing care
 - social services
 - physical therapy, speech therapy and occupational therapy
 - personal care
 - family/caregiver training and support
 - meals while at the center
 - medication management and Health Services coordination
 - transportation to and from CBAS center

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Eligibility

- To be eligible for CBAS a member must:
 - Be a CalOptima Medi-Cal member
 - Be 18 years old or older
 - Have a physical, behavioral or memory problem
 - Qualify for long-term placement if not receiving services at CBAS center

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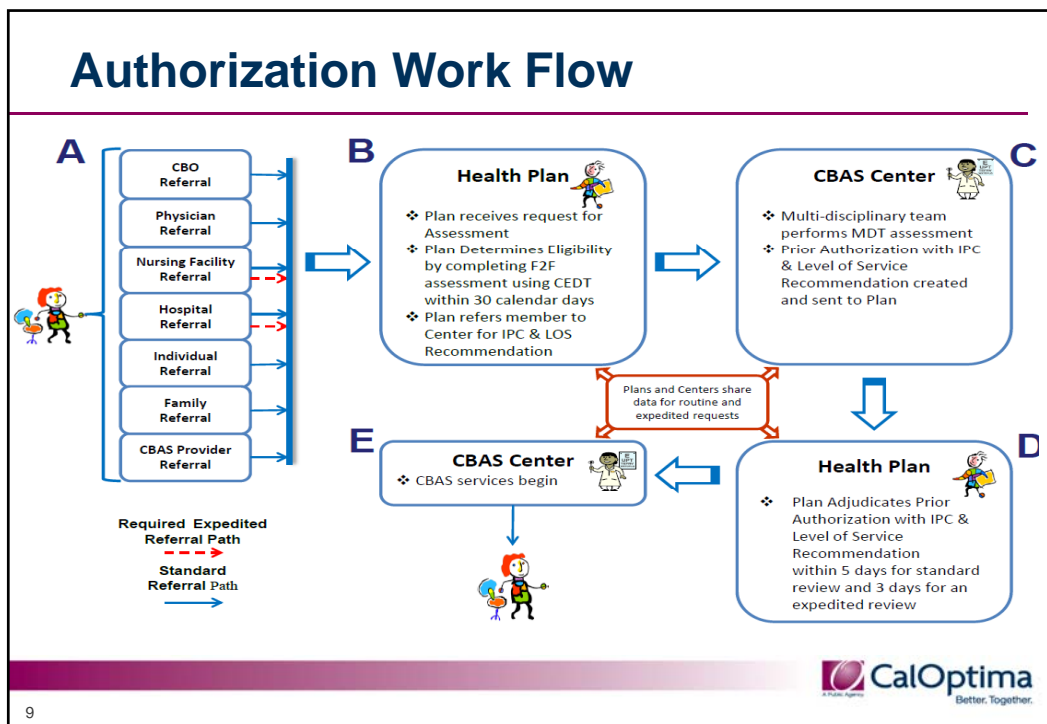


Member Choice

- Member's choice of center is critical and can be based on:
 - Geographic location
 - Cultural sensitivity of center
 - Language
 - Family/caregiver preference
- Member choice influences:
 - Location and timing of face-to-face assessment
 - CBAS center selection

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Ongoing Operations

- Currently contracted and have arrangements with CBAS centers in Orange County and bordering counties
 - 33 centers primarily utilized
- Activity summary:

New Inq.	F2F Appt. Sched.	F2F Comp.	TAT	3 Day IPC Auth.	New Auths.	Re-Auths.
729	674	645	7.25	593	367	2,449

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Ongoing Operations – Cont.

- Authorizations include:
 - 2 – 5 days of service – based on IPC
 - 6 months with instruction to verify eligibility
 - Re-authorization process initiated prior to expiration
 - F2F repeated if request for decrease in days of service

- Authorization process integrated into Prior Auth with dedicated team that includes:
 - Medical Assistant and Nurse team
 - Social workers to review inquiries and schedule F2F
 - Long Term Care Nurses and contracted Nurse to conduct F2F
 - Medical Director support

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CalOptima Medical Department Contacts

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- Jim Pijloo – Manager, MSSP
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- Kymberli Vo – Program Specialist – Social Worker
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- John Robertson, Manager, Prior Authorization
(714) 246-8774, jrobertson@caloptima.org

- Edna McConnell, Manager, LTC
(714) 246-8828, emcconnell@caloptima.org

CBAS dedicated Fax Lines:

Emergent/Urgent – (714) 481-6422

Routine – (714) 481-6423

CBAS Dedicated line (855) 227-1314

cbasteam@caloptima.org

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Questions & Answers



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CalOptima's Mission

To provide members with access to quality health care services delivered in a cost-effective and compassionate manner.

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Questions



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Closing

- Complete Evaluations
- Next session
 - July 30
 - Effect of Immigration Status on Benefits and Gap Services
- Thank you

Turn in **Purple Evaluation** Forms

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